



Nwamaka Nnamani

PROFESSIONAL SUMMARY

Skilled nursing professional with more than six years of experience and passion for providing highest quality of acute medical care. Compassionate and empathetic advocate for patients and families. Skillfully assesses health status, develops diagnoses and manages care for patients with acute and chronic concerns. Experienced in structured and unstructured environments, smoothly coordinating multiple activities and competing priorities.

CONTACT

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London, Essex rm6 5hs
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SKILLS

- Acute care expertise
- Medication administration
- Pre- and post-operation care
- Patient-centred care
- Outstanding communication
- Infection Prevention and Control
- Patient record management
- Admission procedures
- Catheterisation
- Patient health education
- Data confidentiality
- Discharge procedures
- Patient interventions

WORK HISTORY

Support worker 01/2023 - Date

Carone care - 31 Church Street Dagenham, London, United Kingdom

- Assisting service users with personal care and hygiene.
- Administering medication.
- Preparing meals.
- Helping with household tasks and running day to day errands
- Providing companionship.
- Maintaining dignity, right, privacy and independence, supporting service users to live comfortably and safely in their own home.
- Ensuring patients' safety during manual handling procedures like repositioning, hoist transfer from bed to chair and vice versa.
- Providing the necessary support to enable service users achieve their preferred lifestyle as specified in their personalised care plan.
- Updating service users care plan as required and documenting accurately on the PASS system

Staff Nurse 04/2019 - 08/2022

Ntasi Obi ndi no n'afufu specialist hospital - Trans Ekulu Enugu , Enugu state Nigeria

- Assessed, planned and implemented treatments with precision and care, prioritising patient wellbeing.
- Analysed symptoms to effectively diagnose and treat patients.
- Delivered consistently high standards of individualised nursing care, best maintaining patients' health and wellbeing.
- Implemented and updated treatment plans in collaboration with doctors.
- Managed high-volume caseloads of up to nine patients

per shift.

- Managed patient discharges, providing relevant follow-up care advice with required prescriptions and medication.
- Improved service delivery by demonstrating clinical leadership and best practices.
- Liaised with senior physicians to plan timely, successful patient discharges.
- Worked closely with fellow nurses, doctors and clinicians for consistent communication and continued best care practices.
- Educated patients on good health, providing leaflets and verbal guidance on improved wellbeing measures.
- Maintained accurate, up-to-date patient records, maximising data accuracy.
- Supported patients with critical conditions, planning and implementing targeted strategies for optimal recovery outcomes.
- Mentored student and junior nurses, building confidence and competence to ensure outstanding patient provisions.
- Responded to medical emergencies in timely manner, working professionally and calmly under pressure.
- Administered medication in line with hospital policy and drug regulations.

Staff Nurse 05/2016 - 04/2019

Cottage Hospital. - Uwani, Enugu, Enugu state, Nigeria

- Provided first-class care across various wards and units for patients with complex medical needs.
- Delivered consistently high standards of individualised nursing care, best maintaining patients' health and wellbeing.
- Delivered exceptional care to boost patient health outcomes.
- Administered medication with meticulous attention to detail.
- Monitored and recorded patient condition, carrying out and reporting regular observations.
- Prepared patients for surgery by following strict pre -op assessment, hygiene and fasting procedures.
- Assisted patients with healing and recovery after surgery.
- Quickly responded to medical emergencies, working calmly and professionally under pressure.
- Assisted with routine medical tests and evaluations, documenting findings to aid care planning.
- Carried out necessary investigations required for pregnant women, including urine testing for abnormalities, checking of hemoglobin level, Palpation, checking of fetal heart rate and vaginal examination.
- Monitored progress of labour, assisted in delivery, monitored and cared for post-natal mothers and babies and assisted during caesarian section
- Trained and mentored junior team members, strengthening high-functioning, efficient clinical teamwork.

Staff Nurse 02/2015 - 02/2016

New Haven Health Centre for National Youth Service -
Enugu, Enugu State, Nigeria

- Disposed of samples and hazardous waste to prevent infection.
- Collected samples and prepared them for lab analysis.
- Used outstanding planning and prioritisation abilities to safely care for five patients.
- Assisted with routine medical tests and evaluations, documenting findings to aid care planning.
- Facilitated health sessions in areas of Health Education, checking of vital signs, general body assessment, urine testing for abnormalities, checking of hemoglobin level, administering of drugs for patients, and rendering general nursing services

EDUCATION

Master of Science: Global healthcare management,
Expected in 09/2023

Coventry University - Coventry, COV

Bachelor of Science: General Nursing, 2013

Ebonyi state University - Abakaliki, Ebonyi state Nigeria

A-Levels, 2004

Community Secondary school Ugwogo Nike - Enugu
East LGA Enugu state Nigeria